# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE MARIE, ON



# **COURSE OUTLINE**

Course Title: Professionat Human Relations I

Code No.: NUR111 Semester: 1

Program: Nursing, Practical Nursing, Rehabilitation Assistant,

Community Gerontology

Author: Leslie Foster and Brenda Warnock

Date: January, 1998 Previous Outline Date: 09/97

Total Credits: 3 Prerequisite(s): None

Length of Course: 15 Weeks Total Credit Hours: 45

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#### PHILOSOPHY/GOALS:

This course will provide the student with the opportunity to explore the concept of caring as a core value that is basic to the practice of health professionals. Insight into personal interactive style will occur through reflection and journal writing. Interpersonal skills will be developed and will be practiced in the classroom and during a volunteer experience, as they pertain to the helping relationship. Group dynamics will be examined and opportunities to practice as an effective group member will be provided.

#### n. **LEARNING OUTCOMES:**

In this course, many learning activities are designed to foster collaborate learning in small groups. In order for the learner to develop the ability to critically think, reflect and integrate new information, the learner must engage in active dialogue with colleagues and the teacher. It is therefore to the learner's benefit that the learner attend and participate in class.

Upon completion of this course, the student will have:

- a. developed an awareness of personal interaction style.
- b. adopt caring behaviours when interacting with others.
- c. demonstrate effective interpersonal skills with people from diverse backgrounds.
- d. evaluate self and others using group process theory.

#### ra. TOPICS:

The following concepts will be examined:

- Caring
- Journal Writing
- Personal Self: self discovery of interaction style
- Helping Relationship
- Interpersonal Skills: assertiveness, warmth, empathy, listening, genuineness, self-disclosure, specificity, asking questions, expression of opinions
- Group Process

## IV. LEARNING ACTIVITIES:

Refer to the teacher/student resource and learning activities/resources.

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## V. REQUIRED RESOURCES/TEXTS/MATERIALS:

Balzer-Riley, Julia, <u>Communications in Nursing</u>. 3rd ed., Mosby Year Book, Inc., Toronto, 1996

Kozier, B., Erb, G., and Blais, K., <u>Fundamentals of Nursing: Concepts. Process and Practice.</u> 5th ed., Addison-Wesley Publishing Co., Don Mills, Ontario, 1995 (*Nursing and Practical Nursing Programs Only*)

Professional Human Relations I Student Resource Package. 1997

### Additional Recommended Resources:

Refer to the student/teacher resource and learning packages for additional recommended resources.

#### VL EVALUATION PROCESS/GRADING SYSTEM:

- 1. The pass mark for the course is 60%. It is composed of term work and a final examination.
- 2. Students with a mark below 60% will be eligible to rewrite one assignment or examination. The highest mark attained on a rewrite is 60%. TMs rewrite will be negotiated between the student the teacher. Students must request a rewrite within 10 working days of the date of the returned assignment/test.

## 3. Evaluation Methods:

- Paper on Caring
- Volunteer Report
- -Journal
- Final Exam
- Class Participation

A description of the evaluation methods will be provided and discussed by the teacher within the first two weeks of class.

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## Vn. SPECIAL NOTES:

#### Special Needs

If you are a student with special needs (eg. physical Hmitations, visual impairments, hearing impauments, learning disabilities), you are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office, Room E1204, Ext. 493, 717, 491 so that support services can be arranged for you.

#### Retention of Course Outlines

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

## Course Modification

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

#### Acknowledsement

Sault College wishes to acknowledge the contribution Georgian College has made to this process.

## vn. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.